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Cytochrome P450 2E1 participation in the pathogenesis of experimental metabolic syndrome in guinea pigs

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In this work the experimental metabolic syndrome on the basis of protamine sulfate modeling in guinea pigs was reproduced and pathological processes in the liver of experimental animals were studied. We determined the level of free radicals and markers of liver damage in the blood of experimental animals. We investigated the liver glycogen content and K+,Na+-ATPase activity in the liver of experimental animals as well as measured the cytochrome P450 2E1 (CYP2E1) expression – one of the main factors of oxidative stress. Evidence of development of hepatotoxic processes, increasing of the CYP2E1 level as well as of the free radical level in the animals with metabolic syndrome were found. Using of CYP2E1 inhibitors had shown that the free radical level in the blood of experimental animals depended on the level of the enzyme expression and activity. The obtained results suggest that the changes in the CYP2E1 expression play an important role in the development of hepatotoxic processes upon experimental metabolic syndrome. It was assumed that pharmacological correction of the enzyme expression may be an important mechanism for the influence on the metabolic syndrome clinical course.

K e y w o r d s: CYP2E1; diabetes; experimental metabolic syndrome; oxidative stress; protamine sulfate.

Example Syndrome (MS) is a complex and
multifactorial etiology medical condition.
Specialists do not consider any of MS
symptoms as a main symptom including abdomimultifactorial etiology medical condition. Specialists do not consider any of MS symptoms as a main symptom including abdominal obesity, since new data have been reported that abdominal obesity has ethnic related characteristics (for example, the eastern nations), and is not always associated with development of the metabolic syndrome. The development of MS diagnostic criteria is one of the most important tasks, however to consider the diversity of all processes in the human body at the development of this syndrome in one characteristic is an extremely difficult problem. Currently, in clinical practice several definitions of MS are used [1]. Thus, to develop new MS and DM (diabetes mellitus) models, the necessity of reconstruction of a broad spectrum of pathological processes that occur in humans upon these diseases must be considered.

It is known that guinea pigs, owing to certain organism peculiarities, such as blood lipid composition and the absence of endogenous vitamin C, are the optimal model for the study of carbohydrate and lipid metabolism disorders [2, 3]. When modeling of MS in these animals, there is no extraneous influence of enhanced antioxidants secretion and blood

atherogenic properties on the development of pathological processes. Upon prolonged intramuscular administration of protamine sulfate to guinea pigs a number of symptoms, indicating the development of systemic homeostasis disorders, were observed. In particular, carbohydrate metabolism disorder (hyperglycemia and reduction of glycogen store in the liver) and lipid metabolism disorder (increase in cholesterol level) as well as inflammatory processes in the liver and kidneys (increased level of ALT, AST, creatinine and microalbuminuria), disorder of insulin synthesis, degradation of β-cells and accumulation of free radicals were observed [4, 5]. The symptoms mentioned above are typical in the development of MS and DM in humans.

It is known that oxidative damage to tissues has been implicated in the etiology and pathogenesis of chronic complications in several diseases [6]. It has been shown that the increased production of reactive oxygen species induced by hyperglycemia upon metabolic syndrome and subsequent glucose toxicity lead to the development of oxidative stress accompanied by a lesion of the pancreatic β-cells and hepatocytes [7]. Recent studies have suggested that the development of the pathological conditions,

such as alcoholic and non alcoholic steatohepatitis, type 1 diabetes, hepatitis C are associated with the increased level of the CYP2E1 expression (CYP2E1 is one of the cytochrome P450 isoforms) [8]. It has been explained by the fact that CYP2E1 is a powerful source of reactive oxygen species (ROS) [9], which makes it one of the substantial factors in the development of oxidative stress. It can be assumed that the development of the metabolic syndrome will also lead to an increase in the CYP2E1 expression and in the degree of hepatocytes damage, and the regulation of the enzyme expression will affect the pathological processes which accompany this disease [10].

In our work, using the specific protamine sulfate model for metabolic syndrome, we studied the development of hepatotoxic processes and changes in the level of the CYP2E1 expression in the liver of guinea pigs with MS. The correlation between the enzyme expression and activity and the development of pathological processes in experimental animals using specific CYP2E1 inhibitors was also investigated.

Materials and Methods

Experimental animals and diet. Male fourmonth-old guinea pigs (30 animals) weighing 450 g (on the average) from the vivarium of the Institute of Pharmacology and Toxicology of NAMS of Ukraine were used in the study. Most reagents and substrates were purchased from Sigma-Aldrich (St. Louis, MO). All animal experiments were performed in accordance with the rules and regulations of The European Convention for the Protection of Vertebrate Animals Used for Experimental and Other Scientific Purposes [11].

Animals were housed in individual stainless steel cages with a controlled 12 h light/12 h dark cycle at 20-23 °C and fed on a standard rodent diet. Blood sampling was carried out from the ear vein. Glucose level was measured using a glucometer Accu-Chek Active (Accu-Chek, Germany).

Induction of metabolic syndrome. The metabolic syndrome was induced by intramuscular injection of protamine sulfate 15 mg/kg twice a day for 5 weeks, followed by keeping animals under normal conditions for 2 weeks. Such scheme was selected given the results of our previous studies which showed that experimental animals exhibited clear signs of the metabolic syndrome two weeks after the last injection of protamine sulfate [12]. Intact animals $(n = 5)$ during this period were kept under normal conditions. Thereafter the blood of intact animals and animals with MS $(n = 5)$ under light ether anesthesia was taken by dissection of the femoral vein. The animals were then decapitated.

The remaining animals were divided into 4 groups. The animals of the first group were administered intramuscularly quercetin at a dose of 20 mg/ kg for 2 weeks The animals of the second group were administered intramuscularly 4-methylpyrazole at a dose of 20 mg/kg for 2 weeks. The animals of the third group were orally administered disulfiram at a dose of 25 mg/kg. The control group (MS*) was maintained under normal conditions for 2 weeks to control the development of pathological processes. Thereafter, the animals were euthanized according to the protocol described above.

Preparation of microsomal fraction and determination of CYP2E1 activity. The animals were decapitated at the same time of a day to avoid diurnal changes in the microsomal enzymes activity. Microsomal fraction was obtained according to the protocol described in [13]. P-nitrophenol hydroxylase activity was determined as the rate of 4-nitrokatehol formation per time unit per 1 mg of protein [14]. The obtained values were expressed as nmol of nitrokatehol/min/mg of protein.

Western blot analysis of CYP2E1. The total proteins were isolated from liver homogenate according to a standard protocol for membrane proteins preparation (Abcam, UK). The obtained proteins were separated by polyacrylamide gel electrophoresis (50 mg/track) followed by transfer to nitrocellulose membrane (Biorad, USA). After treatment with 2% skimmed dry milk solution, the membrane was incubated with anti-CYP2E1 antibodies (1/400, by volume) for 1 hour. Primary antibodies were produced in the Department of Molecular Oncogenetics, Institute of Molecular Biology and Genetics, NAS of Ukraine. The membrane was washed and then incubated with anti-Rabbit IgG-HRP secondary antibodies (Sigma, 1/5000, by volume) for 1 h. Proteins were visualized by chemiluminescence. Protein concentration was normalized relative to amount of the control β-actin protein on the same gel track. Densitometry analysis was performed using ImageJ software (Wayne Rasband, NIH). The results of Western blot analysis were presented in relative units of the luminescence intensity of the target protein.

Histological analysis. The liver was fixed in neutral buffered formalin solution (10%) and dehydrated in a graded ethanol series (50, 70, 80, 90,

95 and 100%). Tissues were placed in Paraplast and cut to 4 µm-thick sections. Glycogen content and K+ ,Na+-ATPase activity were determined in the obtained samples [15]. The obtained tissue samples were examined under optical microscope Leica DM 1000.

The assessment of free radical level and blood biochemical parameters. The level of ROS was measured in blood of experimental animals by spectrofluorimetry using 2,7-dichlorofluorescein diacetate (2,7-DCFH-DA) probe as described previously [16]. The results are presented in arbitrary units of the fluorescence intensity of dichlorofluorescein (oxidized 2,7-DCFH-DA). Alanine aminotransferase (ALT), aspartate aminotransferase (AST), alkaline phosphatase activities, as well as content of serum cholesterol, creatinine and glucose were measured using an automatic biochemical analyzer Tokyo Boeki Prestige 24i (Japan) and sets of specific reagents.

Statistical analysis. The data are presented as average values \pm error of the arithmetic mean for 5 animals per group. Statistical processing was performed using Student's *t*-test (for 2 groups) [17]. Values with $P < 0.05$ were considered statistically significant.

Results and Discussion

Biochemical and histological analysis. It is known that during development of metabolic syndrome, changes in tissue biochemical and morphological-functional parameters occur. The results of serum biochemical analysis of animals with MS are presented in Table 1. It was found that the typical MS symptoms such as hyperglycemia (nearly 2-fold increase in serum glucose level) and hyperlipidemia (more than 2-fold increase in cholesterol) occurred at the early stages of MS. It was also found that the development of MS in experimental animals was accompanied by hepatotoxicity, as evidenced by an increase in the content of cytolysis markers and hepatocytes necrosis markers, in particular more than 2-fold increase in ALT and alkaline phosphatase, and also 6-fold increase in AST compared to control. An increase in serum creatinine, the end product of nitrogen metabolism, which indicates acute or chronic renal failure, was observed.

Immunohistrochemical analysis of the experimental animals' liver was carried out to determine glycogen content and K^+ , Na⁺-ATPase activity, by the PAS-reaction according to Mac-Manus and by Vahshtein and Meisel methodology, respectively. Carbohydrate metabolism disorder is considered to be the main pathogenetic mechanism of the MS development. Normal liver cells contain a large amount of glycogen (Fig. 1, *A*, pink granules). It is known that type 2 diabetes is accompanied by elevated glucagon level and activated hepatic glycogenolysis. Decrease in the stain intensity of the slide (Fig. 1, *B*) indicates a decrease in the amount of glycogen, which is a typical pathological process upon MS and type 2 diabetes [18].

It is known that insulin activates the liver K+ ,Na+-ATPase. Insulin facilitates potassium inflow into the liver cells and this effect is not related to hormone influence on glucose transport. A fall in activity of this enzyme could indicate insulin deficiency. Changes in the K^* , Na⁺-ATPase activity is a reversible process, since the insulin administration to animals with insulin deficiency completely restores the activity of sodium-potassium pump [19].

The obtained results showed that the enzyme activity significantly decreased in the liver tissue of experimental animals (Fig. 2, *B*) compared to the intact animals (Fig. 2, *A*). This may also indicate insulin deficiency and development of MS.

Hepatic glycogen level and K⁺,Na⁺-ATPase activity were slightly lower under inhibitors action,

Biochemical parameters	Intact animals	MS	Control (MS^*)
Glucose, mmol/l	5.2 ± 0.2	$11.2 \pm 0.4*$	$10.2 \pm 0.3*$
Cholesterol, mmol/l	0.58 ± 0.03	$1.27 \pm 0.10*$	$1.50 \pm 0.09*$
Creatinine, mg/l	18.95 ± 0.50	$38.0 \pm 1.2^*$	$40.0 \pm 1.1*$
ALT , arb.u./1	37.5 ± 2.6	$91.5 \pm 4.9*$	$107.0 \pm 6.2^*$
AST, $arb.u.l$	39.5 ± 2.7	$268.0 \pm 12.1*$	$255.0 \pm 15.1^*$
Alkaline phosphatase, arb.u./l	68.75 ± 1.20	$133.0 \pm 3.3*$	$126.0 \pm 4.1*$

T a b l e 1. Biochemical parameters of MS animals blood serum

The data are presented as average value \pm error, $n = 5$, $* P < 0.05$ relative to intact animals (see text for explanation).

though significantly higher than in the MS animals (Fig. 1, *C*, 2, *C*).

Study of the CYP2E1 expression level. Cytochrome P450 system is a powerful source of free radical generation [20, 21]. First of all it concerns the CYP2E1 isoform, which is characterized by a high level of oxidase activity and the ability to produce free radicals, even in the absence of the substrate [22]. It was shown that increased production of free radicals upon some diseases owing to increase in the CYP2E1 expression can cause oxidative stress. This leads to the development of various complications, such as micro- and macroangiopathy, retinopathy, nephropathy, and others. This is why the study of the mechanisms for CYP2E1-dependent oxidative stress and correction of some manifestations of this pathology by regulating the CYP2E1 activity are extremely important.

To investigate the changes in CYP2E1 expression during the MS development, CYP2E1 activity and protein content were evaluated. It was found that CYP2E1 activity in the liver of experimental ani-

mals in the early stages of MS was slightly higher compared to control, however it increased nearly 3-fold in the further disease development (MS*) (Fig. 3, *A*).

The changes in the CYP2E1 protein level during the MS development in experimental animals are shown in Fig. 3, *B*. A slight increase in the CY-P2E1 protein content was observed in animals with MS, and CYP2E1 level in liver cells of experimental (MS*) animals increased almost 3-fold in progression of MS. Thus, it can be asserted that increasing of the enzyme activity is caused by an increase in the cells CYP2E1content.

Some studies indicated the important role of CYP2E1 in the ROS production and oxidative tissue damage [23, 24]. Therefore we investigated the ROS level in the blood of experimental animals with metabolic syndrome and relationship between ROS production and the level of CYP2E1 expression. It was shown that the development of pathological processes in experimental animals was accompanied by an increase in free radical level, which was almost

Fig. 1. Histochemical assessment of the glycogen content in liver cells (PAS-reaction according to Mac-Manus). Leica DM 1000, 400 x. A – intact animals, B – control group (MS), C – metabolic syndrome + quercetin*

Fig. 2. Histochemical assessment of K+,Na+-ATPase in liver cells. Leica DM 1000, 400 x. A – intact animals, B – control group (MS), C – metabolic syndrome + quercetin*

*Fig. 3. Changes in CYP2E1 expression and activity in liver of experimental animals during modeled metabolic syndrome. A – cytochrome P450 2E1 activity; B – protein CYP2E1 level; C – accumulation of free radicals in leukocytes of experimental animals during metabolic syndrome development. ** $P < 0.05$ relative to intact group, $n = 5$

2-fold higher compared with intact animals in the early stages of MS and 4-fold higher at further development of pathology (MS*) (Fig 3, *B*).

Investigating CYP2E1-dependent processes in experimental animals with MS, we compared blood biochemical parameters at various levels of the CYP2E1 activity depending on the effect of enzyme inhibitors, namely disulfiram, 4-methylpyrazole and quercetin.

As it is seen in Fig. 4, *A*, the inhibitors reduce (in varying degree) the liver CYP2E1 activity. Quercetin exhibited the most inhibitory effect at the given doses, 4-methylpyrazole – the least inhibitory effect. A significant decrease in the enzyme activity under the quercetin action confirms the results of computer modeling, concerning its efficacy in CY-P2E1 inhibition.

The assessment of CYP2E1 content in liver cells revealed that protein level decreased proportionally to its activity. As it is seen in Fig. 4, *B*, 4-methylpyrazole affects more protein CYP2E1 content than its activity, whereas quercetin, on the contrary, is a potent inhibitor of the enzyme activity.

*Fig. 4. Changes in CYP2E1 expression and activity in liver of experimental animals with MS in the presence of CYP2E1 inhibitors: A – cytochrome P450 2E1 activity; B – protein CYP2E1 level; C – accumulation of free radicals in leukocytes of experimental animals. * P < 0.05 relative to control group, n = 5*

The inhibitors prevent the increase in free radical level, thereat quercetin and disulfiram lead to a slight decrease in the free radical level compared to that at the beginning of the administration (Fig. 4, *C*).

The results of biochemical blood tests (Table 2) showed that the administration of CYP2E1 inhibitors to MS animals was accompanied by a tendency to normalization of blood biochemical parameters. Quercetin showed the most pronounced effect, in particular, 2-fold decrease in the cholesterol level and decrease in ALT, AST and ALP levels to the values in intact animals were observed. At the same time, the level of creatinine, one of the integral indicators of kidney condition, remained almost unchanged. It is worth noting that the administration of disulfiram was accompanied by less pronounced changes in biochemical parameters. This indicates the need for further studies of the disulfiram dosedependent effect.

It should be noted that a decrease in the protein content and CYP2E2 activity, as well as free radical level led to a decrease in the degree of oxidative damage to hepatocytes. This was evidenced by normalization of functional parameters of the liver, in cells of which the CYP2E1 expression was the highest. This suggests that liver damage in MS animals might be reversible. Thus liver functional parameters at the CYP2E1 inhibition by quercetin restored almost to the norm (Fig. 1, *C*, Table 1-2). Quercetin may possibly have such pronounced hepatoprotective effect owing also to its antioxidant properties. It was confirmed by the fact that a decrease in the levels of ALT, AST and ALP under the influence of 4-methylpyrazole and disulfiram was less pronounced than that of quercetin.

Thus in our work, hepatotoxic processes in guinea pigs during MS development were studied. The increase in blood free radical level, ALT, AST,

alkaline phosphatase activities, as well as the decrease in glycogen content and the K^+ , Na⁺-ATPase activity in hepatocytes indicated a disorder of the structural-functional state of liver cells. In experimental animals two weeks after the onset of MS symptoms (group MS*), there were no significant changes in biochemical parameters that indicate the resistance in the symptoms and the formation of the systemic pathological processes inherent to MS.

It has been shown that the induction of CYP2E1 expression is one of the factors in the development of systemic oxidative stress in some diseases [25]. Increase in CYP2E1 expression and free radicals production results in oxidative damage to the liver cells. This leads to progressive carbohydrate metabolism disorders and progressive tissue and organ damages [26]. Thus the regulation of CYP2E1 expression might be an effective mechanism for the correction of systemic CYP2E1-dependent oxidative stress upon metabolic syndrome.

We have studied the relationship between changes in CYP2E1 expression and hepatotoxicity using three specific inhibitors. These inhibitors affect CYP2E1 through different mechanisms. Thus disulfiram works through prior conversion to diethyldithiocarbamate, which directly inhibits enzyme activity [27]. This inhibition of CYP2E1 activity can be attributed to disulfiram hepatoprotective properties in case of paracetamol liver damage.

CYP2E1 inhibition by 4-methylpyrazole [28] leads to a significant reduction of the manifestations of oxidative stress, hepatotoxicity and the formation of an aldehyde-protein adducts. Such properties are used in the development of drugs for the prevention of hepatotoxicity in cases of methanol and ethylene glycol poisoning. Literature data have shown results similar to ours, that is, 4-methylpyrazole exhibits relatively slight effect on CYP2E1 activity. Though it

Biochemical parameters	Control (MS*)	$MS +$ quercetin	$MS +$ 4-methylpyrazole	$MS + disulfiram$
Glucose, mmol/l	10.2 ± 0.3	$8.65 \pm 0.30^{\#}$	$9.1 \pm 0.3^{\#}$	8.1 ± 0.2 #
Cholesterol, mmol/l	1.50 ± 0.09	$0.71 \pm 0.06^{\#}$	0.72 ± 0.07	$0.79 \pm 0.09^{\#}$
Creatinine, mg/l	40.0 ± 1.1	$36.0 \pm 1.2^{\#}$	$38.0 \pm 1.4^{\#}$	$41.5 \pm 1.2^{\#}$
ALT , arb.u./l	107.0 ± 6.2	$59.5 \pm 3.5^{\#}$	$86.0 \pm 4.7^{\#}$	$85.0 \pm 4.3^{\#}$
AST, $arb.u.l$	255.0 ± 15.1	$80.0 \pm 4.4^{\#}$	$176.0 \pm 12.7^{\#}$	$201.0 \pm 11.2^{\#}$
Alkaline phosphatase, arb.u./l	126.0 ± 4.1	$81.0 \pm 2.8^{\#}$	$113.0 \pm 3.1^{\#}$	$108.5 \pm 4.4^{\#}$

T a b l e 2. Biochemical parameters of MS animals blood serum under the action of the CYP2E1 inhibitors

The data are presented as average value \pm error, $n = 5$, $p \lt 0.05$ relative to control (MS+). See text for explanation.

has been shown that 4-methylpyrazole significantly reduced free radical level in hepatocytes cell culture, pre-incubated for one day in the medium with 100 mM ethanol [29, 30]. This indicates that the antioxidant potential of 4-methylpyrazole is realized by reducing the CYP2E1 protein level and free radicals production.

Quercetin is widely used as an antioxidant and angioprotector [31]. Moreover, as we reported previously [32], quercetin can be highly effective inhibitor of CYP2E1.

Simultaneous changes in CYP2E1 expression and oxidative stress level suggests that, in particular, increased CYP2E1 expression and activity are key factors of liver cells oxidative damage upon the development of metabolic syndrome.

Thus it has been shown that the protaminesulfate model (with a high degree of similarity) reproduces liver pathologic processes, which is typical symptom of the MS development. It enables to use this model in pharmacological and toxicological studies of drugs for diabetes therapy. The obtained results have indicated the correlation between increased SYP2E1 expression in liver cells, increased free radicals production in blood and hepatotoxicity in animals with metabolic syndrome. It has been shown that a decrease in CYP2E1 activity under the influence of specific inhibitors leads to impairment of severity of hepatotoxicity in experimental animals with MS. Thus pharmacological regulation of CYP2E1 functions and through them the pathological processes which accompany metabolic syndrome may be quite possible. This approach can be useful for correction of pathological processes accompanied by increased CYP2E1 level.

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Участь цитохрому Р450 2Е1 у патогенезі експериментального метаболічного синдрому в морських свинок

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У роботі відтворювали експериментальний метаболічний синдром на основі протамінсульфатного моделювання та досліджували патологічні процеси в печінці морських свинок. У крові дослідних тварин визначали вміст вільних радикалів та маркерів пошкодження печінки. Гістохімічним методом досліджували вміст глікогену в печінці та активність K+,Na+-АТРази, а також визначали рівень експресії цитохрому Р450 2Е1 (CYP2E1) – одного з головних факторів розвитку оксидативного стресу. У тварин із метаболічним синдромом було виявлено ознаки розвитку гепатотоксичних процесів, зростання рівня експресії цитохрому CYP2Е1 та підвищення вмісту вільних радикалів. Використання інгібіторів CYP2E1 продемонструвало, що вміст вільних радикалів у крові дослідних тварин залежить від рівня експресії та активності ензиму. Показано також, що зміна експресії CYP2E1 відіграє важливу роль у розвитку пошкодження печінки за метаболічного синдрому. Припускається, що фармакологічна корекція експресії CYP2E1 може бути важливим механізмом впливу на перебіг цього захворювання.

К л ю ч о в і с л о в а: CYP2E1, діабет, експериментальний метаболічний синдром, оксидативний стрес, протамін-сульфат.

Участие цитохрома Р450 2Е1 в патогенезе экспериментального метаболического синдрома у морских свинок

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В работе воспроизводили экспериментальный метаболический синдром на основе протамин-сульфатного моделирования и исследовали патологические процессы в печени морских свинок. В крови экспериментальных животных определяли содержание свободных радикалов и маркеров повреждения печени. Гистохимическим методом исследовали содержание гликогена в печени и активность K⁺,Na⁺-ATPазы, а также определяли уровень экспрессии цитохрома Р450 2Е1 (CYP2E1) – одного из главных факторов развития оксидативного стресса. У животных с метаболическим синдромом были выявлены признаки развития гепатотоксических процессов, рост уровня экспрессии цитохрома CYP2Е1 и повышение содержания свободных радикалов. Использование ингибиторов CYP2E1 показало, что содержание свободных радикалов в крови подопытных животных зависит от уровня экспрессии и активности энзима. Также показано, что изменения экспрессии CYP2E1 играет важную роль в развитии повреждения печени при метаболическом синдроме. Предполагается, что фармакологическая коррекция экспрессии CYP2E1 может быть важным механизмом влияния на ход данного заболевания.

К л ю ч е в ы е с л о в а: CYP2E1, диабет, экспериментальный метаболический синдром, оксидативный стресс, протамин-сульфат.

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