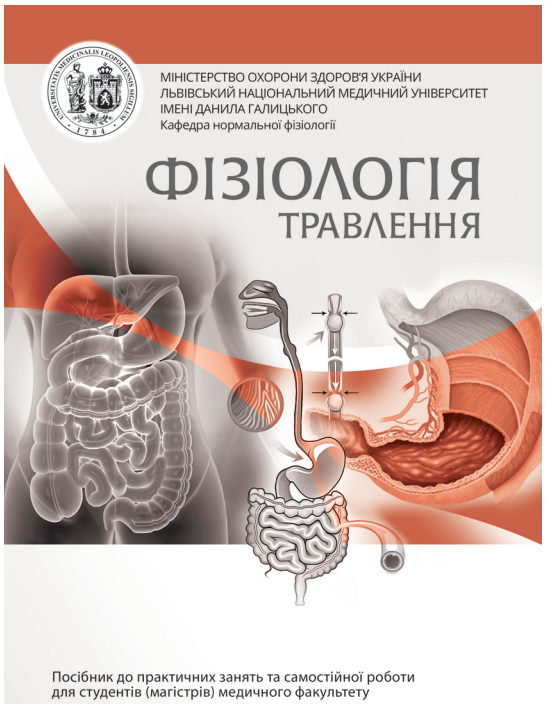

Посібник для практичних занять та самостійної роботи для студентів (магістрів медичного факультету / за ред. О.С. Заяківської

"The severity of the disease is proportional to their deviation from the state of health, and the extent this deviation can only be assessed by the person who is completely familiar with the healthy."

Galen of Pergamon (129 - 200 AD), the personal physician of the Roman

Emperor Marc Aurel wrote this sentence in his book "De Methodo Medendi" ("About the healing arts"). This sentence is as correct today as more than 1800 years ago. He, therefore, served me many times in the annual Introductory lectures on the physiology of man than the same short as well as unmistakable request and reason to the Medical students, first of all, get along with the normal in the best possible way and make yourself familiar with body functions and only then deal with their changes in diseases. Physiology is one of the central subjects in the preclinical section of medical studies. Their subject matter is the functioning and regulating mechanisms of our body that keep us alive. This knowledge is of great importance for you as a budding doctor, because if you have mastered the basics of physiology, the pathophysiological processes in the development of the disease will be easier to understand. You can also better derive the effects of drugs that intervene in physiological processes.

All this can be easily found in the "Physiology of digestive system / Handbook for practical classes for students of the medical faculty. edited by O.S. Zayachkivska from Danylo Halytsky Lviv National Medical University. Besides, the small print contains in-depth content and references to other subjects. The authors of this textbook are all actively involved in teaching and physiological research and have incorporated their daily experiences in the hope that future readers will benefit from their enthusiasm for physiology, for the adventure of learning to understand the body, getting "infected" and having fun reading, thinking and understanding. Learning physiology means mainly the acquisition of skills and abilities to deal with facts. Students have to learn "physiological" thinking to be able to understand the body functions. Medicine and thus medical studies are particularly in the field of tension between scientific and practical relevance since medicine is and must remain science, but students and medical professionals related to this, recognize, understand, and accept scientific relevance to practical work. The bridging required here is becoming increasingly important in medical studies. Physiology is particularly suitable for this bridging function in modern medicine.

Bibliography

Physiology of digestion. Handbook for practical classes and self-work for master's students of the medical faculty/ Edited by O.S. Zayachkivska. Danylo Halytsky Lviv National Medical University, Lviv, 2020. -102 p., illus.

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